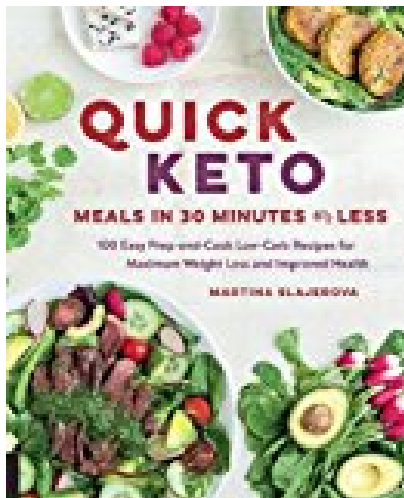


Quick Keto Meals in 30 Minutes or Less 100 Easy Prep-and-Cook Low-Carb Recipes for Maximum Weight Loss and Improved Health



BOOK DETAILS

- Author : Martina Slajerova
- Pages : 192 Pages
- Publisher : Fair Winds Press
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BOOK SYNOPSIS

"Keto Meals in 30 Minutes or Less gives readers 100 delicious recipes for breakfast, lunch, dinner (and even snacks) that are quick, easy, varied, and delicious"--

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