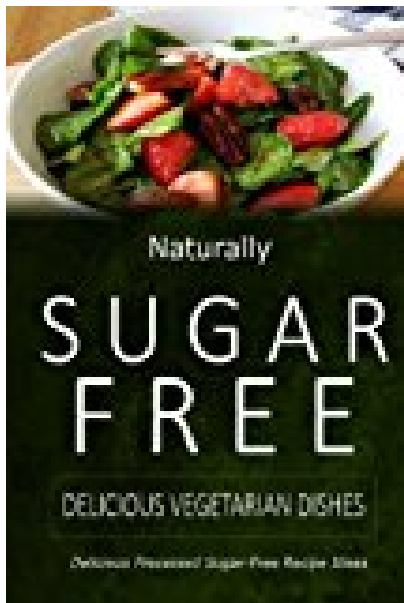


# Naturally Sugar-Free - Delicious Vegetarian Dishes Delicious Sugar-Free and Diabetic-Friendly Recipes for the Health-Conscious

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## BOOK DETAILS

- Author : Naturally Sugar-Free
- Pages : 64 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1499685890

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## BOOK SYNOPSIS

In today's culture, "sugar-free" is often synonymous with artificially sweetened processed foods. No matter how hard the food industry tries to push artificial sweeteners as a healthy alternative to traditional sugar, it doesn't fool us anymore. That's why this book contains a grandiose selection of 60 recipes that could almost grow on trees. They contain only natural, healthy ingredients and are sweetened with the very best that Mother Nature has to offer - fruits, honey, agave and stevia. Try them and you will never crave another sugar-filled cheesecake slice or chicken teriyaki again! Since they also contain no flour, these recipes work very well for diabetics by keeping insulin spikes to a minimum. **2 COOK VALUE PACK - 60 Recipes**

### **NATURALLY SUGAR-FREE - DELICIOUS VEGETARIAN DISHES DELICIOUS SUGAR-FREE AND DIABETIC-FRIENDLY RECIPES FOR THE HEALTH-CONSCIOUS**

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