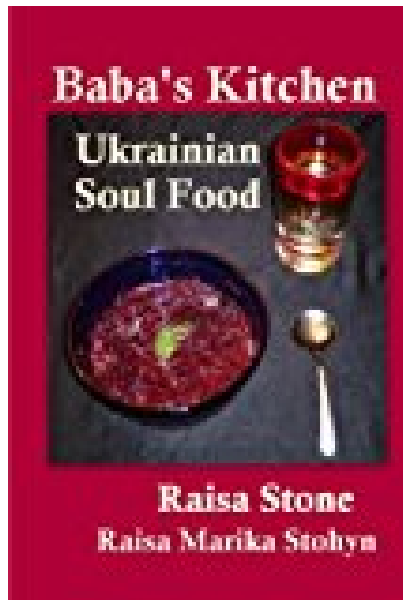


Babas Kitchen Ukrainian Soul Food with Stories From the Village



BOOK DETAILS

- Author : Raisa Stone
- Pages : 384 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1494919087

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BOOK SYNOPSIS

Second Expanded Edition now available! Please refer to publication date February 2014. #1 Bestseller in European Cooking Top Ten Bestseller in Cooking Humor ~Amazon Kindle Compared to erotic games in the village bath & shoplifting live turkeys in your bloomers, immigrant life is beyond boring. So Baba (Grandma) is brewing up Old Country customs in her kitchen. She'll teach you to make 190 delicious Ukrainian dishes (plus simple folk remedies) the traditional & The Lazy Way, sabotage frenemies with garlic, & utter chilling Slavic curses such as, "May you be kicked by a duck!" Between tales of magical encounters with Nature spirits & steaming bowls of borshch is the true confession of the authors elderly neighbour: she murdered her abusive husband. The deadly story unfolds under the guise of cooking lesson, as unexpectedly as Roald Dahls Lamb to the Slaughter. Raisa kept her neighbors secret till after her death. Veer into the wildly romantic with recipes such as Apple Cake & Wild Rose Preserves. Toast friends & family with the classic Drink of the Gods. An extensive bibliography informs claims that Ukrainians: first tamed horses, invented pants (for riding!), pyramids, the bow and arrow, homes from mammoth bone, & created Europes first democratic constitution. Ancient shamanic practices that sparked the original werewolf legend combine with recipes & customs reaching back to the Neolithic era of Goddess worship. Imagine a mouth watering Honey Onion Sauce that recalls competing with cave bears and wild bees, and digging into soil that has never known pesticides. Or the seductive magic of preparing sweet delights for the Apple Harvest Blessing. Aaaaand 190 awesome Ukrainian recipes. Taught step by step, as if grandma were at your side: Borshch, including Vegetarian Holubtsi (Cabbage Rolls) Verenyky (Perogies) Creative Salads & Dressings Ultimate Chicken Soup Minestrone Crepes & Fillings: Orange, Honey Delicious Grain & Bean recipes Potato Salads, Potato Pancakes, Cheese & Potato Bake 10 Mushroom recipes Omelets Innovative Deviled Eggs Chicken Kyiv, Honey Lemon Garlic Chicken Goulash Meat balls, Stuffed & Spicy Unique Cabbage recipes Perfect Roast Beef A wealth of Fish recipes: Lemon Sole, Stuffed Baked Trout Stews: Game, Sauerkraut Sauces: Dill, Sour Cream, Horse Radish, Plum Sugarless Pie & Perfect Crust Sugar Frosted "Sweet Nothings" (Icicles) Cherry Charlotte Liqueur & Whiskey recipes Cheese cake Honey Cake Chocolate Honey Cake Cookies & Doughnuts Stewed Fruit Coffee Cake Traditional Eastern European Holiday recipes for Easter & Christmas Kolach: Circle of Life Bread *Warning: 18+ Restricted* Wicked acts with honey and raspberries, pirates, cowboys, bald men, bad boys and mounted police officers. Be prepared for fish net, scuba divers, body painting, eye rolling & squealing. You'll laugh, you'll scream. By the time Baba is through, you'll wet someone elses pants! _____ "Unique, funny, compelling & totally original. Baba is an amazing woman."~Jill McCaw, McCaw Media "Brilliant humor...down-to-earth spiritual commentary on consciously healthy food for mind, body & planet."~Jason Matthews, author of The Big Bang "Not only is it one heck of a belly laugh, Babas Kitchen has recipes for good old fashioned tasty meals that nourish both body & soul." ~Paddy Head, author of Fixed

BABAS KITCHEN UKRAINIAN SOUL FOOD WITH STORIES FROM THE VILLAGE

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