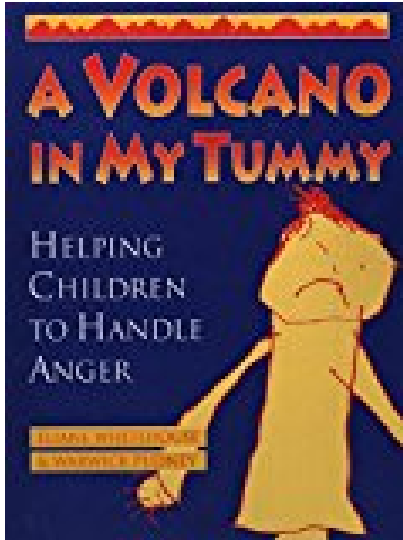


A Volcano in My Tummy Helping Children to Handle Anger



BOOK DETAILS

- Author : Eliane Whitehouse
- Pages : 80 Pages
- Publisher : New Society Publishers
- Language : English
- ISBN : 0865713499

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BOOK SYNOPSIS

A Volcano in My Tummy is about helping 6 to 15 year olds handle their anger so that they can live successfully, healthily, happily and nonviolently, with motivation, without fear and with good relationships. An accessible resource book for teachers, parents and all who care for children, it is full of stories, and easy-to-use games and exercises designed to encourage children to see their anger and to deal constructively with it. A Volcano in My Tummy includes sections on key concepts, building a child's self esteem, what adults can do when a child is angry, developing an anger management program, troubleshooting, and a special section for teachers that integrates the resource with other curriculum areas. Exercises are clearly described, indicating appropriate age levels, teaching strategies, materials and procedures to follow, with worksheets for the children's use. All are easily adaptable for use by teachers, parents or other caregivers.

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